



**BASIC LESSONS
FOR UNDERSTANDING
EQUIPMENT**



Wall Grab Bars

Model #: _____
Serial #: _____
Date: _____

Provider Name: _____
Phone #: _____
Contact Person: _____

Setting up your equipment:

- Your provider may or may not install your wall grab bar for you. If they do not, they can refer you to a qualified professional to install it for you. You will need to help them determine the best position for installation.

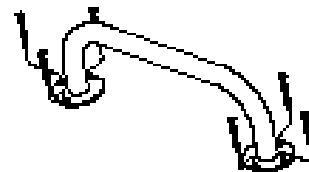
Using your equipment:

- Make sure to grasp the bar firmly before stepping off with your weak side.
- Do not let go of your grab bar until you are in a stable position and no longer require it for balance.

Maintenance & Replacement Items:

- If you notice any cracks or breakage in your grab bar, contact your provider.
- Clean grab bar periodically with an appropriate bathroom cleaner.

Diagram 1



Safety Issues:

- Do not use grab bar to support your full body weight. It is designed only to assist in small movements.
- Always be aware of wet surfaces that could cause you to slip. Position your grab bar to prevent a fall in this instance.
- Do not allow children to pull or hang on the grab bar, this will loosen the bar's mounting and may prevent it from properly supporting the intended user.

Please contact your equipment provider for any questions, adjustments, or repairs.

Your local provider:



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